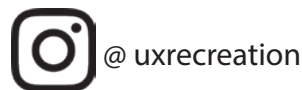


FREE Family Take T.I.M.E Events



www.taketimeuxbridge.ca



Stay up to date with FREE family activities by visiting our Take Time website

****CALLING LOCAL COMMUNITY GROUPS****

Interested in hosting a FREE Family Take T.I.M.E Event? We want to hear from you! For more information or to fill out an event application please contact Rebecca Harman at rharman@town.uxbridge.on.ca

Through the Healthy Kids Community Challenge Grant, we can offer assistance for your event including

- Advertising Support
- Facility Support
- Equipment Support
- Prizes
- Healthy Snack
- Township staff assistance
- Insurance Options

How Does our Uxbridge Jump Start Chapter work?

1. THE CHILD SUBMISSION PROGRAM

An application process for individuals who require registration assistance. Applicants can apply twice per year for a variety of sports. 1 in 3 Canadian families cannot afford organized sports for their kids. Jumpstart and Uxbridge Recreation want to change that. We strongly believe that every child deserves a sporting opportunity! For more information on the Child Submission program, call the Uxpool: 905-852-7831 or email pool@town.uxbridge.on.ca

Step 1: Pick up an Application Form at the Uxpool or www.town.uxbridge.on.ca or apply online : www.jumpstart.canadiantire.ca

Step 2: Drop completed form off at the Uxpool or submit online

2. THE COMMUNITY DEVELOPMENT PROGRAM

This is a combination of FREE Family Take TIME events and affordable evening Jumpstart Recreation programs for children and youth. Our mandate is to help implement lifelong skills for children and families, with a focus on healthy lifestyles and physical literacy. A healthy community is a happy community!

Step 1: Read about Free Take TIME Events and our \$25 Uxbridge Recreation Programs on page 11 & 12, on our 'Uxbridge Recreation' Facebook page or at taketimeuxbridge.ca

Step 2: Call or drop by the Uxpool to register for Jumpstart Programs! 905-852-7831